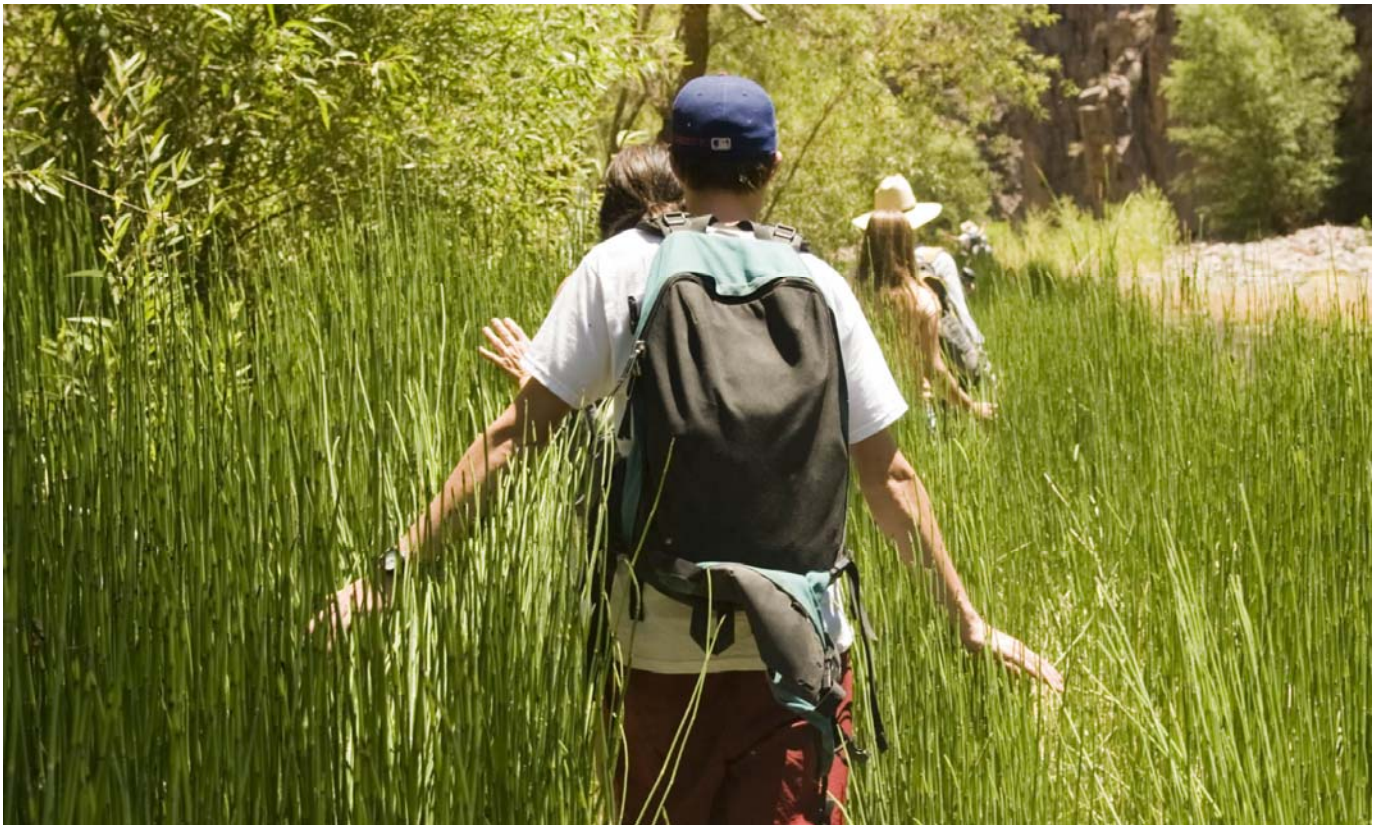




Day One

Substance Abuse and Mental Health Services



Annual Report 2012
July 1, 2011 - June 30, 2012

Highlights

Community-based Outpatient Services for Adolescents and Families

- ✓ 417 clients were served through: Substance Abuse Evaluation, Individual, Group, Family and Home-based Family Therapy, the Intensive Outpatient Program, the Homeless Youth Project, and School-based Services. Additionally, 35 parents participated in a parent support group.

Residential Services

- ✓ **Residential Treatment Center** - 34 clients were served during this fiscal year. This program provides a long-term intensive therapeutic community for up to 16 male youth (ages 16-20) at a time.



Pictured Above: James C. Harrod Residential Treatment Center

- ✓ **Transitional House for Recovery** - 6 apartments are available to house 7 Aftercare clients, which include graduates of the Residential Treatment Center and other programs. It served 9 clients this year. An additional 18 clients participated in the Aftercare program.

Prevention Services

- ✓ **Natural Helpers of Maine** - is a peer-listening program that gives students a place to turn in times of stress, trouble or substance abuse. 138 students and 11 adult facilitators from 8 schools across the state were trained. This program is available to approximately 6,500 high school students in the state of Maine.

Juvenile Justice Services

- ✓ **Long Creek Youth Development Center** - Day One staff provide comprehensive substance abuse assessments on every youth committed to the Center. Day One clinicians provide a continuum of treatment interventions including individual, group and family counseling. They are an integral part of the clients' unit treatment teams and also engage in case management to assist the clients in community reintegration. 61 youth were screened & assessed for substance abuse, and 107 youth were treated for their substance abuse issues through this program. In total, 121 youth were served.
- ✓ **Mountain View Youth Development Center** - Provides similar services as the Long Creek program. 45 youth were assessed and 84 youth were treated for substance abuse issues. In total, 87 youth were served.

Evidence-based Programming

- ✓ **Day One is now a licensed provider of The Seven Challenges®** which is a holistic program for working with adolescents on their substance use problems, co-occurring issues, and for remediating life skills deficits. This program is individualized with careful attention to meeting youth where they are and providing successful counseling interventions. This helps young people look at themselves, understand what it takes to give up a drug abusing lifestyle, and prepare for success when they commit to change. The program is enhancing all of Day One's treatment programs.

Day One Selected as 2011 TD Bank Beach to Beacon 10k Beneficiary



Pictured Above: TD Bank President Larry Wold presents a \$30,000 check to Day One as the 2011 Beneficiary of the TD Beach to Beacon 10k. Executive Director David Faulkner and Board President Dianne Nason accept the oversized check while Day One supporters look on.

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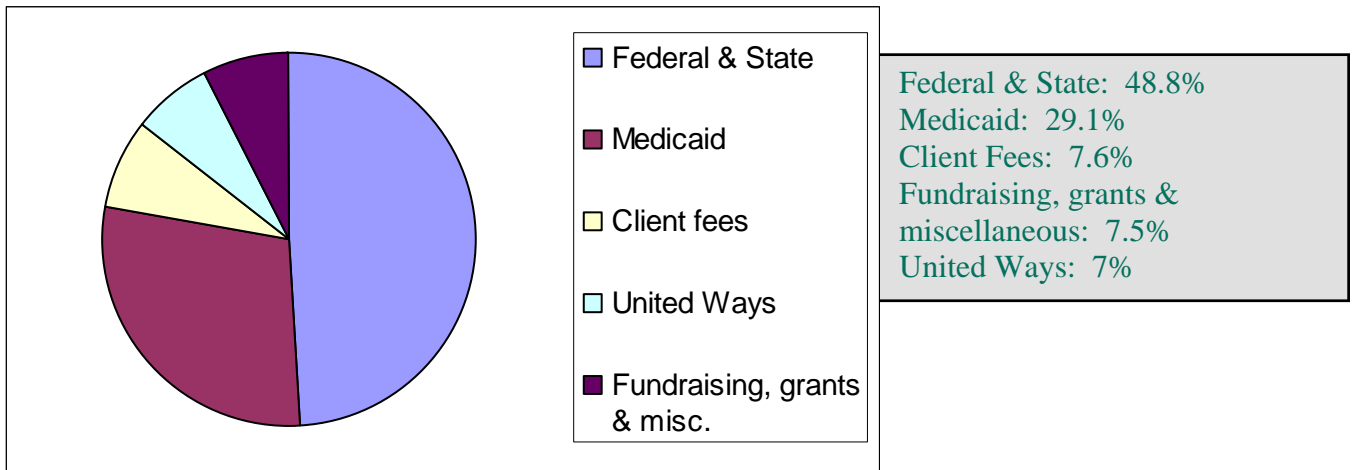
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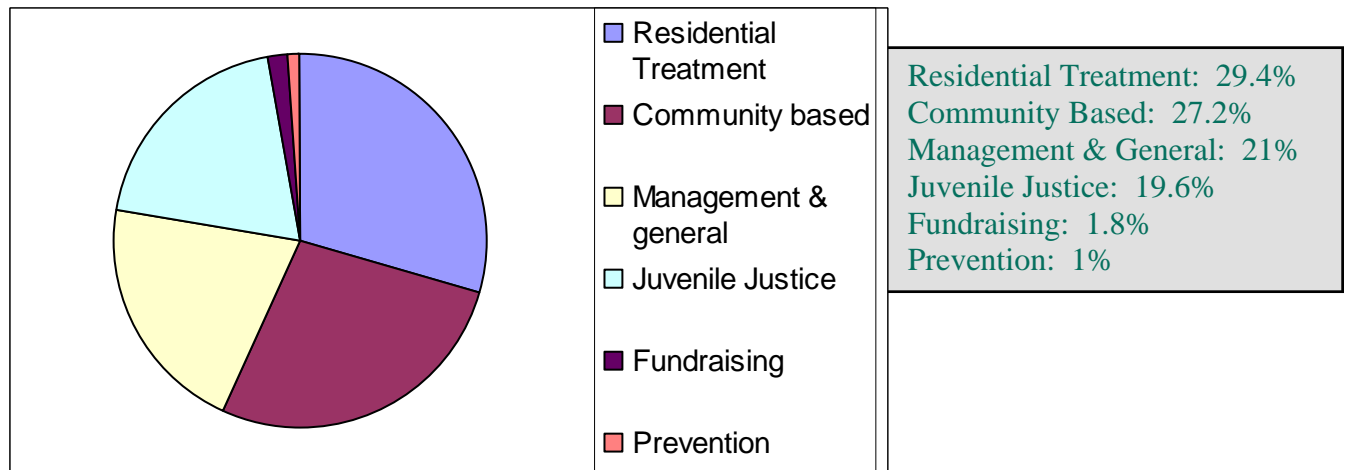
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Fiscal Year: July 1, 2011 through June 30, 2012

Revenue: \$2,738,970



Expenses: \$2,766,035



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38th Annual Celebration

Keynote Speaker: Boston Celtic Glen “Big Baby” Davis

Introduction: Hall of Famer Bill Cowens

Master of Ceremonies: WGME 13’s Sports Director Dave Eid

Award Winners:

Community Leadership Award: Maine Red Claws, the NBA Development League affiliate of the Boston Celtics

Community Vision Award: Deb Dettor, Coordinator for the Maine Alliance for Addiction Recovery

Making a Difference Award: Craig Phillips, Legislative Chair of the Maine Association of Mental Health Services



Clockwise from left: Hall of Famer Dave Cowens, Board President Dianne Nason, Boston Celtic Glen “Big Baby” Davis, Executive Director David Faulkner, Glen Davis, WGME 13 Sports Director Dave Eid

The mission of Day One is to dramatically reduce substance abuse among Maine youth to help them live productive, healthy and rewarding lives.



A United Way Member Agency

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