Highlights

Community-based Outpatient Services for Adolescents and Families
✓ 535 clients were served through: Substance Abuse Evaluation, Individual, Group, & Family Therapy, the Intensive Outpatient Program, the Homeless Youth Project, and School-based Services. Additionally, 28 parents participated in a parent support group.

Residential Services
✓ Residential Treatment Program - 45 clients were served during this fiscal year. This program provides a long-term intensive therapeutic community for youth ages 13-18.

✓ AfterCare Services - 12 clients received ongoing counseling and support after completing the Residential or Youth Development Center programs.
Prevention Services

- Natural Helpers of Maine - is a peer-listening program that gives students a place to turn in times of stress, trouble or substance abuse. 108 students and 7 adult facilitators from 5 high schools in Cumberland and York Counties were trained.

- Peer Prevention - 7 high school staff were trained in prevention strategies.

Juvenile Justice Services

- Long Creek Youth Development Center - Day One staff provide comprehensive substance abuse assessments on every youth committed to the Center. Day One clinicians provide a continuum of treatment interventions including individual, group and family counseling. They are an integral part of the clients’ unit treatment teams and also engage in case management to assist the clients in community reintegration. 44 youth were screened and assessed for substance abuse, and 108 youth were treated for their substance abuse issues through this program. In total, 116 youth were served.

- Mountain View Youth Development Center - Provides the same services as the Long Creek program. 29 youth were screened and assessed and 51 youth were treated for substance abuse issues. In total, 57 youth were served. Additionally, in 2014 the Maine Department of Corrections started a pilot program at Mountain View for young offenders ages 18-25. 43 adults were screened and assessed and 21 adults were treated for substance abuse issues by Day One clinicians. In total, 43 adults were served.

Evidence-based Programming

- Day One programming incorporates several evidence based practices to ensure that clients receive the most current and best services to meet their needs. These practices include the Seven Challenges, Aggression Replacement Training (ART), Motivational Interviewing, Cognitive Behavioral Therapy (CBT), PRIME for Life (PFL), Adolescent Community Reinforcement Approach (A-CRA), Client-Directed Outcome-Informed Therapy, Girls Circle, and Transition, Inspired, Empowered, Responsible (TIER) Program.
Day One Donors July 1, 2013 - June 30, 2014

Leadership Circle: $1,000+
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United Way of Greater Portland
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Unum
Geraldine Waterhouse
The Vincent B. & Barbara G. Welch Foundation
Susan York-Wilbur

Day One values its staff, and that feeling is mutual. Day One was selected as one of the best places to work in Maine, the third time it has received this distinction.
Day One Donors July 1, 2013 - June 30, 2014

Community Supporters: $500+
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Ellen & Jeff Van Fleet
Day One Donors July 1, 2013 - June 30, 2014

Friends: $100+
50+ Club of Hollis
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Samantha & Kyle Warren
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Helpers: up to $100
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Demo Agganis
Lisa Andrews
Anonymous
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Susan Barnicle
Virginia & Stephen Bearce
Christine Blanchard
Stephen Booth
Stephanie Bowe
Peter Bowman
Tyler Brinkmann
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Brenda Buchanan
Rodger Budgell
Buxton Garden Club
Emily Cain
Patricia Carignan
Buxton Center Baptist Church
Kristen Cianelli
Cinemagic
Dorothy Clark
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Jodi Collins
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Susan Collins
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Sarah Ferry
First Congregational Church of Buxton
Kimberly Flowers
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Laurie Hennessey
Megan Hennessey
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Gloria White
Lisa Wishart
Barbara Wood
Trish and Chris Yale
Jay York
Linda Yost
Fiscal Year: July 1, 2013 through June 30, 2014

Revenue: $3,459,610

Expenses: $3,331,771

Day One Board of Directors

President:  Kevin Freeman, AlliedCook Construction
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40th Annual Celebration

Keynote Speaker:
Former Boston Red Sox player and manager Butch Hobson

Master of Ceremonies:
WGME 13’s Sports Director Dave Eid

Community Leadership Award:
Bill Burke and Family & The Portland Sea Dogs

Community Vision Award:
Cumberland County District Attorney Stephanie Anderson

Making a Difference Award:
Maine State Representative Linda Sanborn

(L-R): Executive Director David Faulkner, Keynote speaker Butch Hobson, Board Member Dianne Nason, WCSH6 Forecaster Kevin Mannix

Portland Sea Dog’s Mascot, Slugger, whose team was recognized as the Community Leadership Award winner

The mission of Day One is to dramatically reduce substance abuse among Maine youth to help them live productive, healthy and rewarding lives.

Day One is a partner agency of the United Way of Greater Portland and the United Way of York County

525 Main Street • South Portland, ME 04106
CALL 207.767.0991 or VISIT day-one.org

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